

Anouk Henneuse

Non-Union Actress
anoukhenneusee@gmail.com
438-434-7972

Height: 5' 5" (167 cm)
Weight: 100 lbs (45kg)
Eye Color: Blue
Hair Color: Brown

Film & TV

Lead Roles

Self-Defence | Omar Abouelmagd '2025
My Beloved | Omar Abouelmagd '2023
Pity | Anouk Henneuse '2025
I Love You | Anouk Henneuse '2025
Owl | Anouk Henneuse '2025
Don't Leave Me With My Stranger | Serenity Walfall '2023
Until It Snow Again | Trinh Khanhmu '2023
Touching Echoes For The Plant One | Trinh Khanhmu '2023
Boderline | Alexis Porro '2022
Making Of | Marie-Luce '2022
Cooking Gals | Eliana Aleman '2022
Better | Anouk Henneuse '2021

Co-Star Roles

Scratch the Itch | Alec Paul Craig '2025
Ten Lies | Omar Abouelmagd '2023
Man With The Pea | Alexis Porro '2022
Bathroom | Alexis Porro '2022
Down By One | Omar Abouelmagd '2021

Supporting Roles

Name Game | Alivya Facey '2025
La Goutte De Trop | Dom Cady '2025
DATURA | Omar Abouelmagd '2024
Lucid Dream | Alexis Porro '2024
N97 | Eliana Aleman '2023
Slasher | Eliana Aleman '2023
Jesus Maria | Eliana Aleman '2023
Love Through The Computer | Alexis Porro '2022
Étouffe Toi | Eliana Aleman '2022

Extra Roles

Love Can Fade | Jennife-Lee Dupuy '2025
Karate Kid: Legends | Jonathan Entwistle '2024
Our Christmas Mural | Tara Johns '2023



Commercial

Parc Safari | 2025

Education

École des Moussaillons

Theatre classes (4 years)
Lead Role in Year 3 Theatre Play

École de la Magdeleine

Theatre classes (3 years)
Theatre program (1 year)
Supporting Role in Year 3 Theatre Play

Vanier College

Theatre classes (1 years)
Theatre teacher's assistant (1 year)
Participated in 3 Theatre Shows

Dance

Hip-Hop (6 Years)

Special Skills

- Fluent in French, and English
- Accents in French, Quebecois, American
- Singing (debutant)
- Public Speech
- Improvisation